

ROCK THE BLOCKS SUMMER INVITATIONAL
Hosted by Kentwood Aquatics Club
Saturday June 19th, 2010

Hosted by: Kentwood Aquatics Club
Kentwood Aquatics Center
6230 Kalamazoo Ave. SE Kentwood, MI 49508

Director: Josh Welles
Ph-616-490-2895

Directions: From US 131 exit at M-6 and head east (to Lansing); Exit at Kalamazoo Ave. and go North. The entrance to Kentwood High School is on the right approximately 1/4 mile. The pool parking/entrance is located just beyond the tennis courts. From 196, take the M-6 to Kalamazoo Ave. and go North. Follow the above directions.

Facilities: 25 yard, 8 lane, Electronic timing & display, Horn start

Facility Rules: No food allowed in the pool area.
No glass allowed in the pool or locker room area.
No smoking in the facility or on school grounds.
No bare feet outside the pool area...**MUST** wear sandals in the hall.

Warm-up: 8:00am

Meet Starts: 9:00am

Entries Due: **TEAM ENTRIES ONLY! Team entries are due Friday, June 11th, by 8pm.** Hytek entries can be emailed to Josh Welles at welles_josh@hotmail.com. No entries will be accepted after June 11th.

Entries: Teams may enter swimmers in a maximum of four (4) events. **ABSOLUTELY NO DECK ENTRIES!** Entries will be accepted in the order they are received.

Entry Fees: \$3.00 per event. Please make checks payable to: Kentwood Aquatics Club.
ONE CHECK PER TEAM.

Refunds: Once team entries have been received and processed by the entry chair, there are no refunds in full or in part.

Seeding: All events are timed finals, seeded slowest to fastest.

Marshalling: Swimmers will be responsible for reporting to the marshalling area in the designated area when their events are being marshaled. Our parent volunteers will marshal all swimmers to chairs and to the pool area.

Awards: Swimmers will receive medals 1st -3rd places, ribbons 4-12. Best Time Ribbons. Team trophies for most points in the following age groups: 8 & under, 9-10, 11-12, and 13-14.

Admissions: \$3.00 per person over age 12
\$1.00 per meet program

Concessions: Available at the concession stand, starting at 8am.

Results: Results will be posted in the balcony above the pool area.

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All Ages

Warm-up: 8:00am

Meet Start: 9:00am

<u>Girls</u>		<u>Boys</u>
1	10 & under 200 freestyle	2
3	11 & 12 200 freestyle	4
5	13 & 14 200 freestyle	6
7	15-18 200 freestyle	8
9	10 & under 100 IM	10
11	11 & 12 100 IM	12
13	13 & 14 100 IM	14
15	15-18 200 IM	16
17	8 & under 25 freestyle	18
19	9 & 10 50 freestyle	20
21	11 & 12 50 freestyle	22
23	13 & 14 50 freestyle	24
25	15-18 50 freestyle	26
27	8 & under 25 butterfly	28
29	9 & 10 50 butterfly	30
31	11 & 12 50 butterfly	32
33	13 & 14 50 butterfly	34
35	15-18 100 butterfly	36
37	8 & under 50 freestyle	38
39	9 & 10 100 freestyle	40
41	11 & 12 100 freestyle	42
43	13 & 14 100 freestyle	44
45	15-18 100 freestyle	46
47	8 & under 25 backstroke	48
49	9 & 10 50 backstroke	50
51	11 & 12 50 backstroke	52
53	13 & 14 100 backstroke	54
55	15-18 100 backstroke	56
57	8 & under 25 breaststroke	58
59	9 & 10 50 breaststroke	60
61	11 & 12 50 breaststroke	62
63	13 & 14 100 breaststroke	64
65	15-18 100 breaststroke	66
67	10 & under 500 freestyle	68
69	11 – 14 500 freestyle	70
71	15-18 500 freestyle	72