

ROCK THE BLOCKS SUMMER INVITATIONAL

Hosted by Kentwood Aquatics Club

Saturday, June 20, 2009

- Hosted by:** Kentwood Aquatics Club
Kentwood Aquatics Center
6230 Kalamazoo Ave. SE Kentwood, MI 49508
- Director:** Josh Welles
Ph-616-490-2895
Email – kacpredators@sbcglobal.net
- Directions:** From US 131 exit at M-6 and head east (to Lansing); Exit at Kalamazoo Ave. and go North. The entrance to Kentwood High School is on the right approximately ¼ mile. The pool parking/entrance is located just beyond the tennis courts.
From 196, take the M-6 to Kalamazoo Ave. and go North. Follow the above directions.
- Facilities:** 25 yard, 8 lane, Electronic timing & display, Horn start,
- Facility Rules:** No food allowed in the gym or pool area.
No glass allowed in the pool or locker room area.
No smoking in the facility or on school grounds.
No bare feet outside the pool area...**MUST** wear sandals in the hall.
No street shoes on the pool deck.
- Warm-up:** 8:00am
- Meet Starts:** 9:00am
- Entries Due:** **TEAM ENTRIES ONLY!!** Team entries are due Saturday, June 13th by 8pm. Hytek entries can be emailed to Josh Welles at kacpredators@sbcglobal.net. No entries will be accepted after June 13th!
- Entries:** Teams may enter swimmers in a maximum of four (4) events.
ABSOLUTELY NO DECK ENTRIES! Entries will be accepted in the order they are received. This meet is open to all teams and is not limited to teams competing in the WMSL.
- Entry Fees:** \$3.00 per event. Please make checks payable to: Kentwood Aquatics Club. **ONE CHECK PER TEAM.**
- Refunds:** Once team entries have been received and processed by the entry chair, there are no refunds in full or in part.

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All Ages

Warm-up: 8:00am

Meet Start: 9:00am

Girls

1	10 & under 200 freestyle
3	11 & 12 200 freestyle
5	13 & 14 200 freestyle
7	15 – 18 200 freestyle
9	10 & under 100 IM
11	11 & 12 100 IM
13	13 & 14 100 IM
15	15 – 18 200 IM
17	8 & under 25 freestyle
19	9 & 10 50 freestyle
21	11 & 12 50 freestyle
23	13 & 14 50 freestyle
25	15 – 18 50 freestyle
27	8 & under 25 butterfly
29	9 & 10 50 butterfly
31	11 & 12 50 butterfly
33	13 & 14 50 butterfly
35	15 – 18 100 butterfly
37	8 & under 50 freestyle
39	9 & 10 100 freestyle
41	11 & 12 100 freestyle
43	13 & 14 100 freestyle
45	15 – 18 100 freestyle
47	8 & under 25 backstroke
49	9 & 10 50 backstroke
51	11 & 12 50 backstroke
53	13 & 14 100 backstroke
55	15 – 18 100 backstroke
57	8 & under 25 breaststroke
59	9 & 10 50 breaststroke
61	11 & 12 50 breaststroke
63	13 & 14 100 breaststroke
65	15 – 18 100 breaststroke
67	11 – 14 500 freestyle
69	15 – 18 500 freestyle

Boys

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- Seeding:** All events are times finals, seeded slowest to fastest.
- Marshalling:** All swimmers will stay on deck. Swimmers will be responsible for reporting to the marshalling area when there events are being marshaled. Our parent volunteers will marshal all swimmers to chairs and to the pool area.
- Awards:** Swimmers will receive medals 1st -3rd places, ribbons 4-12.
- Scoring:** There will be no team or individual scores.
- Admissions:** \$3.00 per person over age 12
\$1.00 per meet program
- Concessions:** Available at the concession stand, starting at 8am.
- Results:** Results will be posted in the hallway outside the pool area.