

**Manistee Swim Team  
5th Annual Swim-A-Thon  
Friday, July 15 4:00pm till 5:45pm**

Swimmers on the Manistee Swim Team work very hard at every practice, swimming at least 1 mile four times a week. The Paine Aquatic Center pool is a 25 yard pool and a mile is 1,760 yards so it's 35 laps or 70 lengths to swim a mile! To make things a little exciting, we have set aside a day as a swim-a-thon fundraiser. Each swimmer is being asked to get pledges for either \$/lap or a flat amount and bring a \$10 prize. There's a very interesting relay race at the end of the day and the top three fundraisers will be awarded \$100 each at the picnic at the end of the season. This promises to be a fun and exciting afternoon and spectators are encouraged to attend. We will need a few volunteers to help count laps and time the relay race. If you have any questions, please contact our chairperson, Kari Stuck at 723-8647. Concessions will be available, so come and join us!

[www.manisteeswimteam.com](http://www.manisteeswimteam.com)

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